

Athlete's Responsibilities

Granada Track and Field 2009

GRADES

- Must maintain a 2.0 grade point average.
- If requested, by Tuesday of each week, a progress report must be completed for all of your classes and given to Coach Morisoli or placed in the track box in Coach Mattern's room 302.
- Failure to turn in the progress report and maintain a 2.0 grade point average will result in you not being eligible to compete in any meets for the next seven days. Or until you have turned in the progress report / increased your grades to a 2.0 average with no "Fs", and have been given permission to compete by Coach Morisoli.

PRACTICE

- The second time you are absent from practice with out an excuse, you may be cut from the team. Make sure you check in if you are late. For each unexcused missed practice(s), you will not compete in the next track meet(s).
- Bring a note from your parent or doctor when you are absent from practice.
- Call me or leave a message for me, if you will not be at practice.
- Coach Morisoli, Cell # 925-766-0673, E mail brad@morisoli.net
- Do not leave practice until you have completed your assigned work out. Do not assume you are done with your work out until your coach has told you that you are done and you can leave.

TRACK MEETS

- All track team members need to stay until the end of every dual meet and the league meet, trials and finals. And to compete in all dual, league-trial/finals meets. Help with NCS Meet.
- If you are requested to run on a relay team, as a member of the team you must fulfill the request. All we ask is that you do your very best.
- If you are requested to compete in an event to help the team, as a member of the team you must fulfill the request. All we ask is that you do your very best.
- Please give your marks for all the events you have competed in, to your coach.

UNIFORMS / EQUIPMENT

- You are responsible for the replacement cost of all equipment and uniforms checked out to you.
- You need to return your uniform / equipment before any post-season awards are given to you.

BLOCK "G" REQUIREMENTS, minimum requirements

- You need to score 5 team points, or be ranked in the top three in your event, or place at the league meet, at the varsity level.
- Or, have competed for the varsity team, and the team wins a league championship.

EXPECTATIONS

- You are a member a Granada High School Team; treat all of your teammates, your opponent, and the community with dignity and respect.
- Accept suitable punishment for violations of team rules. Refusal to cooperate will result in dismissal from the team.

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Please return this page to Coach Morisoli

PARENT

I _____ (please print) have read and understand the Athlete's Responsibilities on the first page.

_____ Please sign _____ date

ATHLETE

I _____ (please print) have read and understand the Athlete's Responsibilities on the first page.

_____ Please sign _____ date

Thank You
Coach Morisoli
Head Track Coach

925-766-0673 cell, E mail brad@morisoli.net

Return this page to Coach Morisoli.